

Subj: **News from the Rotary Club of Fayetteville**
 Date: 12/5/2007 12:36:00 P.M. Central Standard Time
 From: poolea40@aol.com
 To: poolea40@aol.com



The Rotary Club of Fayetteville, Arkansas

Club Newsletter
December 2007

Dear A. D.,

WELCOME to the Fayrotales newsletter

December is Family Month at Rotary, a time to consider our Rotary family as well as to celebrate the holidays with our personal families.

The December Rotarian magazine President's letter says there are 1.2 million Rotarians in 32,000 clubs as well as the associated youth and community groups and Youth Exchange kids, making Rotary almost 2 million strong.

As strong as Rotary is, it is essential that we continue to grow with new members. So President Wilkinson urges all Rotarians to look for, and invite qualified men and women to our Clubs.

In This Issue

- UPCOMING PROGRAMS
- Family of Rotary
- Service Opportunities
- Rotary may be good for your health
- Ask Uncle Ronnie

Family of Rotary

We as Rotarians can be proud of the reach of our organization throughout the world. In the December Rotarian magazine page 37, Rotary families from around the world are shown and described. There are several generations of Rotarians shown with their families and from the kids it would appear there will be more generations in the years to come.

This reminds me of the members of our Club who bring their children and grandchildren to our meetings. In addition to fresh faces in our crowd, this also brings the

UPCOMING PROGRAMS



Rotarians of the Month:
Bob and Brenda Gullett

December Programs

Change Cups beneficiaries for November were Fayetteville Rotary Pavilion Project, and help for our Youth Exchange student, Vendy, to attend Rotary ski trip.

December 6 Rotarian Dr. Bob Gullett on health education in NW Arkansas

December 13 Attorney General Dustin McDaniel, Rotarian of

possibility of future Rotarians in the making.

Service Opportunities

Friday, Dec.7, our Club will be ringing the Salvation Army bells outside WalMart on Joyce Street. Blair Johansen may still need ringers so contact him if you are available.

These may not be strictly service opportunities, but the GSE trip to Brazil next Spring, and Friendship Exchange trip to Thailand in February, will be great opportunities to represent our Club to those parts of the world.

Rotary may be good for your health

An article in the December Rotarian page 62, talks about the possible link between doing good and feeling good. As with most studies, results are arguable either way. However Rotarian Doctor Wayne Spiggle tells of his experiences on medical missions and says "altruism practiced with a positive attitude is a healing force in all people's lives".

Rotarian and retired doctor Pierre Fisher says he doubts charitable volunteering will extend one's life and physical well being, BUT he says it certainly gives one a good feeling and psychological boost. One Rotarian and volunteer says he gets a lot of mental satisfaction from his volunteer work and whatever good physical effects come with it are a bonus. Another says "in general, if you live this kind of life, you'll be more fulfilled, less depressed, less ill and probably live a little longer".

Who need studies to tell us doing good makes a person feel better? Anyone who has done a good deed probably knows this already.

Ask Uncle Ronnie

Send your questions to A.D Poole (poolea40@aol.com)
They will be passed along to our Club Guru

Email: poolea40@aol.com
Web: <http://www.fayettevillerotary.org>

Forward email

✉ SafeUnsubscribe®

This email was sent to poolea40@aol.com, by poolea40@aol.com
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

the Day Bucky Jones
December 20 Club
Christmas Program
December 27 NO
Meeting for
Christmas

[Find out more...](#)

Quick Links...

[Club Website](#)

[Membership Directory](#)

[Board Members](#)

[Where Clubs Meet](#)

Join our mailing list!

Email Marketing by



Rotary Club of Fayetteville | P.O. Box 1683 | Fayetteville | AR | 72702-1683